

Nadine Grzeskowiak RN, CEN



FOOD IS MEDICINE

**Celiac Disease &
Gluten Intolerance,
National Expert
and Speaker**

"I realized I can save more lives as the Gluten Free RN than I ever could in the emergency room"



MEET NADINE GRZESKOWIAK

Nadine Grzeskowiak, CEO and Founder of RN on Call, Inc., Gluten Free RN, and Celiac Nurse Consulting has more than 16 years of experience working in emergency departments and trauma centers. In 2006 her career focus shifted dramatically with her diagnosis of celiac disease. As a result Nadine is now a national expert and speaker on the recognition and treatment for gluten intolerance and celiac disease.

Nadine is a patient advocate and an educator focusing on gluten intolerance and celiac disease. Her mission is to educate people about gluten intolerance and celiac disease thereby empowering them to improve their health and quality of life with food. She is available for private consultations, professional speaking engagements, and seminars for healthcare professionals.

LECTURES, SEMINARS, AND WORKSHOPS

- * Introduction to Celiac Disease and Gluten Intolerance
- * Nutrient Dense Foods - Eating to Fuel Your Mind and Body
- * Age Specific Presentations - Mature Adults, Children, Teens, Infants
- * Gluten Intolerance in Animals
- * Mental Health
- * Global Updates on Celiac Disease

WHAT CLIENTS ARE SAYING

"This has felt like jumping into a different world without a guide--and you are the remedy to learning how to live again."

"She has more knowledge on gluten free issues than most doctors and is always the most up-to-date on the new research coming out."

"Attending your meeting and going gluten free has made a huge difference in my health (no more throwing up and horrible stomach pains)".

"She is great as a speaker in front of a crowd and also acts with care and compassion helping people on a personal level."

"I've had the pleasure of working beside Nadine many times and have seen firsthand the professional and fun attitude she brings with her."



CREDENTIALS

Registered Nurse
Certified Emergency Nurse
Corvallis Independent Business Alliance
National Nurses Business Association
Emergency Nurses' Association
Professional Member, NSA

PARTIAL CLIENT LIST

Oregon State University
Gluten Intolerance Group, OR Chapters
Greater Oregon Behavioral Health, Inc
Linfield College
Western Oregon University
Gluten Free Support Groups
T.O.P.S. (Taking Pounds off Sensibly)
Regent Court Living Club
Stoneybrook Assisted Living
Timberhill Athletic Center
Country Vitamins Store
First Alternative Natural Foods
Oregon Health and Science University

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